## **BTS TECHNICO-COMMERCIAL**

## Epreuve orale d'anglais — Session 2016

Sujet 8

## How to Prevent 5 Common Workplace Injuries

Workplace injuries can happen in any industry, and they can be costly, inconvenient and debilitating to both employees and the company as a whole.

Travelers which provides workers' compensation insurance, analyzed its claims data to find the most common on-the-job accidents and injuries. Here are the most frequent workplace injuries, according to the company's recent Injury Impact Report:

- 1. Strains and sprains
- 2. Cuts or punctures
- 3. Contusions (bumps and bruises)
- 4. Inflammation (e.g. tendinitis)
- 5. Fractures

The leading causes of these injuries include material handling (32 percent); slips, trips and falls (16 percent); being struck by or colliding with an object (10 percent); accidents involving tools (7 percent); and traumas occurring over time (4 percent).

According to Travelers, it's important to focus on protection and recovery techniques in the workplace to prevent injuries and minimize their effects if they do occur.[...]

If an accident or injury does happen, it's important to put your employees on the path to recovery as quickly as possible, Dwyer noted.

"Even seemingly minor injuries, such as strains or sprains, can substantially impact an employee and slow a business's operations and productivity," Dwyer said.

By supplying the proper equipment and support to your employees, you can help them to recover more quickly.

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